



MEMORANDUM

FOR/TO : All Bureau Directors
All Regional Executive Directors
All PENROs
All CENROs

FROM : The Assistant Secretary for Policy, Planning, and Foreign Assisted and Special Projects, and Director, in concurrent capacity

SUBJECT : **INVITING ALL DENR OFFICIALS AND EMPLOYEES TO PARTICIPATE IN THE VIRTUAL “BIKE HIKE PLANT+” IN CELEBRATION OF THE 158TH YEAR OF PHILIPPINE FORESTRY SERVICE AND ARBOR DAY**

DATE : **JUN 07 2021**

This has reference to the upcoming celebration of the 158th Year of Philippine Forestry Service on June 22 and Arbor Day on June 25. For this year's celebration, the Forest Management Bureau will spearhead the conduct of the Bike Hike Plant + (BHP+), a 20-day virtual accumulated marathon, which will run from June 1 to 20, 2021. BHP+ 2021 will be accommodating not just biking and hiking enthusiasts but also runners and walkers.

In lieu of the regular massive tree planting activity, BHP+ will make use of the online platform to be more accessible to the general public while also tapping our partners in the forestry sector in doing the planting part. Each target distance has a corresponding number of seedlings to be planted in a place and date identified by the partner.

Target Distance	Equivalent Seedlings
25 km	2
50 km	5
150 km	10
300 km	15
500 km	20

In this regard, we are inviting all DENR officials and employees to participate in the virtual BHP+ by signing up in the links below. Registration is open until June 10, 2021, while the target kilometers may be accomplished until June 20, 2021. Attached are the detailed registration and run submission details for easier reference.

Category	Registration Link
Virtual Bike	https://app.takbo.ph/all-races/bhp-virtual-bike-ride
Virtual Hike +	https://app.takbo.ph/all-races/bhp-virtual-hike

For. Alexis Louise Revilleza will further coordinate with your Office regarding the matter. Should you have need for further information to assist you in the appreciation of our request, please do not hesitate to contact her at (02) 8926-2141 or at fmb.iecgroup@gmail.com.

FOR YOUR INFORMATION AND CONSIDERATION, PLEASE.


MARCIAL C. AMARO JR., CESO III

GUIDE TO BIKE HIKE PLANT+ VIRTUAL EVENTS

BHP+ General Mechanics

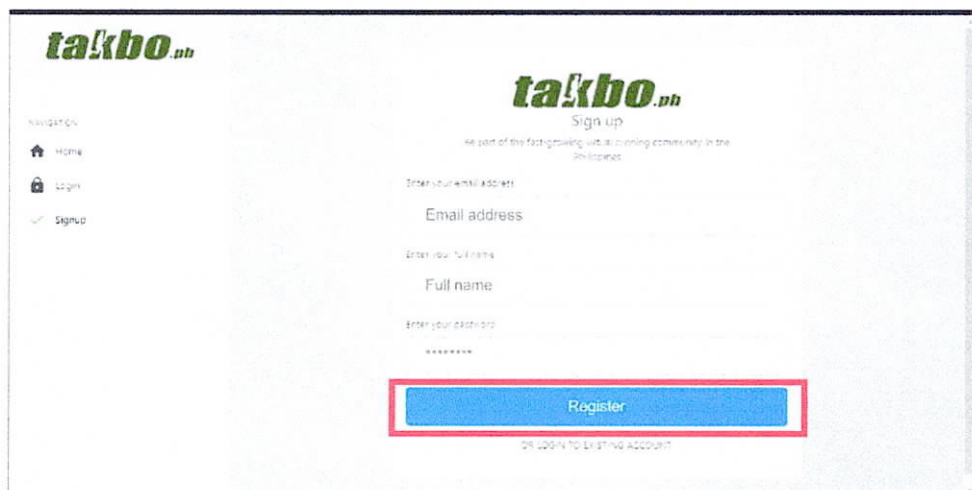
- Registration starts on May 24 until June 10, 2021
- Accumulated run, bike, hike/walk marathon from June 1 to 20, 2021.
- Participants can use a GPS watch or smartphone app to track distance.
- Participants need to upload a photo or screenshot of their recorded distance captured through their devices to takbo.ph platform in order to be validated and acknowledged.

Registration

1. Login to the website (<https://app.takbo.ph/login>).
 - Login using your email and password.

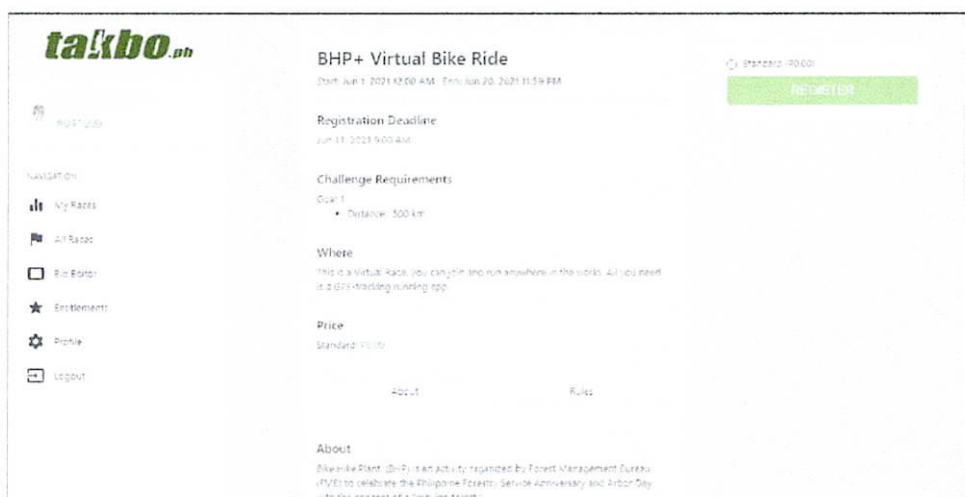
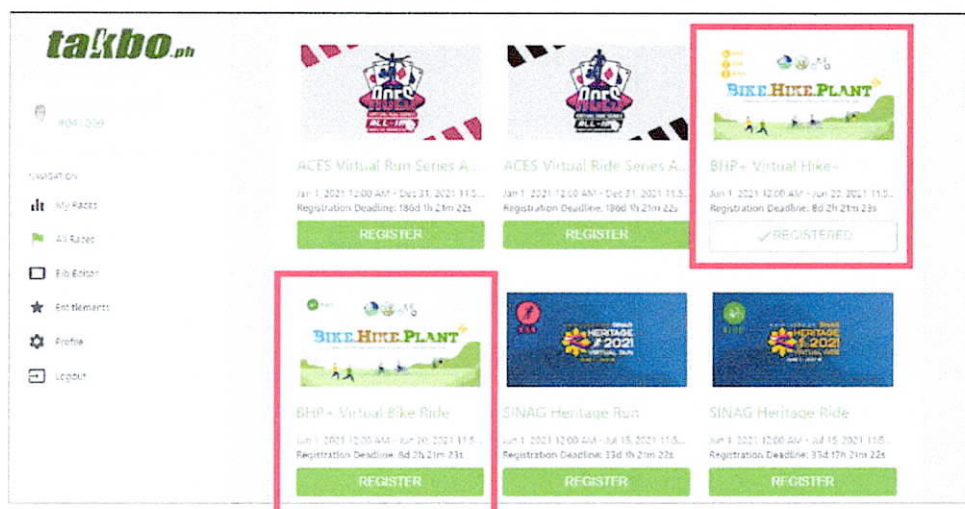


- If you do not have an account yet, you can create an account for free by signing-up at <https://app.takbo.ph/signup>.



2. Select the event category you wish to join.

- Click **REGISTER** to read the event details.



- Download the **FREE PASS** image beneath the event details. This will serve as your proof of payment.



- Fill-up the online form for a chance to win the BHP+ Special Award (<https://bit.ly/BHPForm>).

3. Tick the **STANDARD (P0.00)** radio button then click **REGISTER**.

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BHP+ Virtual Bike Ride
Start: Jun 1, 2021 12:00 AM - End: Jun 20, 2021 11:59 PM

Registration Deadline
Jun 11, 2021 9:00 AM

Challenge Requirements
Goal 1
• Distance: 300 km

Where
This is a Virtual Race, you can join and run anywhere in the world. All you need is a GPS-tracking running app.

Price
Standard: P0.00

REGISTER

4. Select category and submit your free pass/ticket.
- Tick your category: **GOAL 1 (DISTANCE 300KM)** for Virtual Hike+ or **GOAL 1 (DISTANCE 500KM)** Virtual Bike Ride. *Please note that this is the maximum distance; the minimum distance is 25 kilometers.*
 - For the payment method, tick **BANK DEPOSIT** then select **OTHERS**.
 - Upload the **BHP+ 2021 FREE PASS** ticket provided as the proof of payment.
 - Click **CHECKOUT** to submit.

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Register to BHP+ Virtual Bike Ride

Challenge Type
Choose your category: ☒ Goal 1 (Distance: 500km)

Endorsement
☒ Standard P0.00

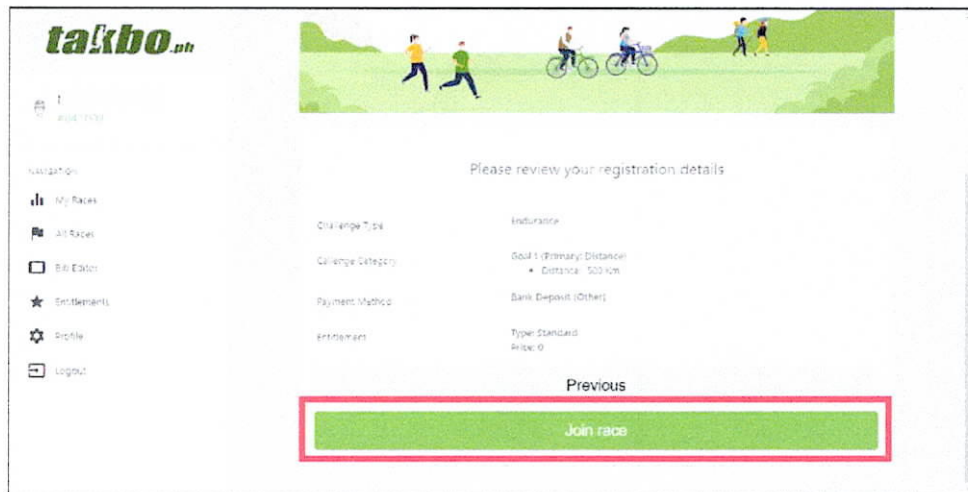
Choose your payment method
☒ Bank Deposit

Which Payment Method do you use?
☐ BDO ☐ BPI ☒ Other

Upload proof of payment **Upload BHP+ 2021 Free Pass** **Browse**

CHECKOUT

5. Review your submission.
- Take time to review your submission. Your submission will be final and can no longer be changed.
 - After review, click **JOIN RACE**.



6. Update/Review your profile.
 - Check your profile. Ensure that is complete and accurate. Any missing details will cause delay in the delivery of your entitlements.
7. Wait for verification.
 - After updating your profile, go to **MY RACES** and verify your payment.
 - Click **PAYMENT VERIFICATION**.



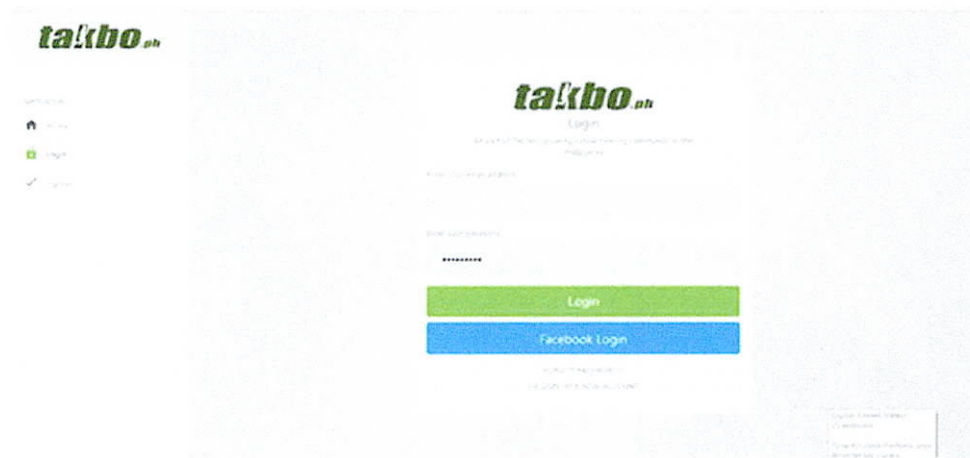
- At this point, we have already received your registration and proof of payment. Allow our moderators to review and approve your participation in approximately 24 hours.

Ride/Run Tracking and Submission

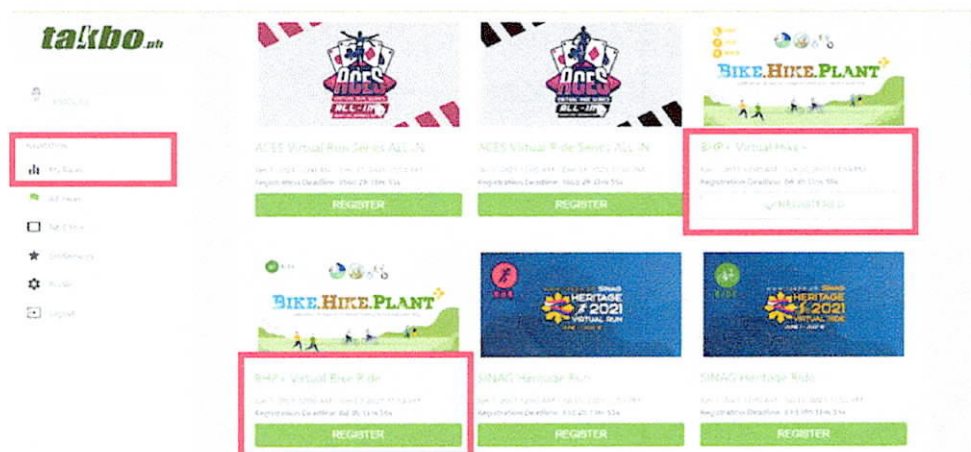
1. Track your rides/runs.
 - Track your rides/runs using a GPS watch, fitness band or a smartphone app.
 - You can also use a treadmill or stationary bike.
 - Take a photo or screenshot of your run record. It should show the distance and duration of the ride/run.

2. Submit your rides/runs.

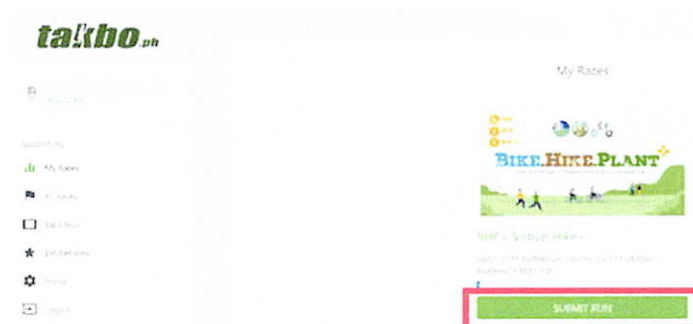
- Once the registration is verified by our service provider, you can log in to your Account (<https://app.takbo.ph/login>).



- Go to **NAVIGATION > MY RACES**. Select your category (BHP+ Virtual Hike+ or BHP+ Virtual Bike Ride)



- Click **SUBMIT RUN**.



- Fill up the **DISTANCE** part and upload your saved/screenshot of your run record. click **SUBMIT**.

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Progress on BHP+ Virtual Hike+
4,311.30m

Submit Progress Record
Upload your progress record here. You can't delete it once submitted.

Distance: 001.31 km

Upload Proof of Run: June 2 for the long to the long term. Remove

Submit

Submitted Records

#	Progress	Status	Attachment	Date
214844	Distance 1.31	Verified	Link attachment	Thursday, June 24, 2021 5:41:24 am
214723	Distance 3	Verified	Link attachment	Tuesday, June 16, 2021 6:39:22 pm

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Progress on BHP+ Virtual Hike+
4,311.30m

Submit Progress Record
Upload your progress record here. You can't delete it once submitted.

Distance: 001.31 km

Upload Proof of Run: Remove File Remove

Submit

Submitted Records

#	Progress	Status	Attachment	Date
215050	Distance 1.31	Verified	Link attachment	Thursday, June 24, 2021 1:51:14 pm
214844	Distance 1.31	Verified	Link attachment	Thursday, June 24, 2021 5:41:24 am
214723	Distance 3	Verified	Link attachment	Tuesday, June 16, 2021 6:39:22 pm

- Last day submission of screenshots is on June 20, 2021 (11:59PM) GMT+08.
- Kindly submit your rides on a daily basis and not as weekly summary.

Reminders:

- Use kilometers when submitting the distance. Convert if you are using miles.
- Follow the time format as HH:MM:SS. Thus, a run that is 0 hours, 43 minutes, 55 seconds is 00:43:55 and not 43:55:00.
- If you made an error, just resubmit your runs. Our moderators will reject the duplicates.
- Our moderators will reject submissions that are incorrect, duplicates, and those that do not follow the guidelines.