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MEMORANDUM

TO : All DENR Employees

THRU : All Undersecretaries
All Assistant Secretaries
All Directors (Services, Bureaus)
All Heads of Attached Agencies
All Regional Executive Directors
All Regional Directors (EMB, MGB)
All PENROs
All CENROs

FROM : The Director
Gender and Development Office, and
Climate Change Service

SUBJECT : **WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS, MARCH 16, 2022, WEDNESDAY, 9:00 AM – 12:00 NOON**

DATE : 11 March 2022

In line with the 2022 Women's Month Celebration pursuant to Proclamation No. 227, the DENR Gender and Development Office will be holding a **WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS, on 16 March 2022, Monday, from 9:00AM to 12:00 noon**. This activity is intended for DENR officials and employees. The speaker for this webinar is Ms. Sarah Queblatin, co-founder and Executive Director of Green Releaf Initiative.

Ms. Queblatin is passionate about the power of nature and creativity in personal and collective transformation. She had training in transformative and expressive arts practices with Build a Bridge Institute and the European Graduate School. She also holds a Certificate in Eco-psychology from the Pacific Graduate Institute. In 2012, Ms. Queblatin was awarded by the Arts and Healing Network for work with community arts.

We invite your and your staff's participation to this webinar. The link to this activity is:

<https://zoom.us/j/97998395124?pwd=UTFhUII3S1BISFVFM212dFB6OFgzZz09>

Meeting ID: 979 9839 5124
Passcode: HealthTips

To confirm, click this <https://bit.ly/HealthTipsMar16> on or before **14 March 2022**.

Should you have queries, please communicate with the DENR GAD Office through at the following email addresses: gad_denr@yahoo.com, edrbasug@denr.gov.ph tongks91@yahoo.com or genie.c.chavez@gmail.com.

For your consideration.


ELENIDA BASUG