



DENR Mimaropa Region <mimaroparegion@denr.gov.ph>

Re: WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS, MARCH 16, 2022, WEDNESDAY, 9:00 AM – 12:00 NOON

1 message

DENR GAD Office <gad_denr@yahoo.com>

Sun, Mar 13, 2022 at 4:12 PM

Reply-To: DENR GAD Office <gad_denr@yahoo.com>

To: MGB Central Email <central@mgb.gov.ph>, Office of the Director <od@emb.gov.ph>, Land Management Bureau <denrlmb@yahoo.com>, DENR Bureau LMB <lmb@denr.gov.ph>, Erdb Denr <erdbco@yahoo.com>, ODIR ERDB <odir.erdb@gmail.com>, Erdb Records <erdbrecords@gmail.com>, Forest Management Bureau DENR <fmb@denr.gov.ph>, Biodiversity Management Bureau <bmb@bmb.gov.ph>, DENR-Biodiversity Management Bureau <director@bmb.gov.ph>, Admtr Namria <admtr_namria@yahoo.com>, National Water Resources Board <nwrphil@gmail.com>, "nwrsec@nwr.gov.ph" <nwrsec@nwr.gov.ph>, "ogm@llda.gov.ph" <ogm@llda.gov.ph>, Od Pps <odpps@yahoo.com>, "odpps405@gmail.com" <odpps405@gmail.com>, "denr1ored@yahoo.com" <denr1ored@yahoo.com>, "mimaroparegion@denr.gov.ph" <mimaroparegion@denr.gov.ph>, "redreg6@yahoo.com" <redreg6@yahoo.com>, "denrcdd6@gmail.com" <denrcdd6@gmail.com>, "emelyn_penaranda@yahoo.com" <emelyn_penaranda@yahoo.com>, "redrdenr7@yahoo.com" <redrdenr7@yahoo.com>, "r8@denr.gov.ph" <r8@denr.gov.ph>, 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Dear All:

We are re-sending the invitation to a **WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS**, on **16 March 2022, Wednesday, from 9:00AM to 12:00 noon**. This activity is intended for DENR officials and employees. The speaker for this webinar is Ms. Sarah Queblatin, co-founder and Executive Director of Green Releaf Initiative.

The link to this activity is:

<https://zoom.us/j/97998395124?pwd=UTFhUll3S1BISFVFM212dFB6OFgzZz09>

Meeting ID: 979 9839 5124

Passcode: HealthTips

To confirm, click this <https://bit.ly/HealthTipsMar16> on or before 14 March 2022.

Kindly disregard our previous email.

Thank you.

Gender and Development (GAD) Office
Department of Environment and Natural Resources
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 Diliman, Quezon City
 Tel No. 925-2345 | Email: gad_denr@yahoo.com

On Sunday, March 13, 2022, 11:40:32 AM GMT+8, DENR GAD Office <gad_denr@yahoo.com> wrote:

Dear Sir/Madam:

In line with the 2022 Women's Month Celebration pursuant to Proclamation No. 227, the DENR Gender and Development Office will be holding a **WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS**, on **16 March 2022, Monday, from 9:00AM to 12:00 noon**. This activity is intended for DENR officials and employees. The speaker for this webinar is Ms. Sarah Queblatin, co-founder and Executive Director of Green Releaf Initiative.

Ms. Queblatin is passionate about the power of nature and creativity in personal and collective transformation. She had training in transformative and expressive arts practices with Build a Bridge Institute and the European Graduate School. She also holds a Certificate in Eco-psychology from the Pacific Graduate Institute. In 2012, Ms. Queblatin was awarded by the Arts and Healing Network for work with community arts.

We invite your and your staff's participation to this webinar. The link to this activity is:

<https://zoom.us/j/97998395124?pwd=UTFhUll3S1BISFVFM212dFB6OFgzZz09>

Meeting ID: 979 9839 5124

Passcode: HealthTips

To confirm, click this <https://bit.ly/HealthTipsMar16> on or before 14 March 2022.

Should you have queries, please communicate with the DENR GAD Office through at the following email addresses: gad_denr@yahoo.com, edrbasug@denr.gov.ph tongks91@yahoo.com or genie.c.chavez@gmail.com.

For your consideration.

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FINAL Memo for March 16 Webinar on Minding Mental Health.pdf

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