



DENR Mimaropa Region <mimaroparegion@denr.gov.ph>

WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS, MARCH 16, 2022, WEDNESDAY, 9:00 AM – 12:00 NOON

1 message

DENR GAD Office <gad_denr@yahoo.com>

Sun, Mar 13, 2022 at 11:40 AM

Reply-To: DENR GAD Office <gad_denr@yahoo.com>

To: MGB Central Email <central@mgb.gov.ph>, Office of the Director <od@emb.gov.ph>, Land Management Bureau <denrlmb@yahoo.com>, DENR Bureau LMB <lmb@denr.gov.ph>, Erdb Denr <erdbco@yahoo.com>, ODIR ERDB <odir.erdb@gmail.com>, Erdb Records <erdbrecords@gmail.com>, Forest Management Bureau DENR <fmb@denr.gov.ph>, Biodiversity Management Bureau <bmb@bmb.gov.ph>, DENR-Biodiversity Management Bureau <director@bmb.gov.ph>, Admtr Namria <admtr_namria@yahoo.com>, National Water Resources Board <nwrphil@gmail.com>, "nwrsec@nwr.gov.ph" <nwrsec@nwr.gov.ph>, "ogm@llda.gov.ph" <ogm@llda.gov.ph>, Od Pps <odpps@yahoo.com>, "odpps405@gmail.com" <odpps405@gmail.com>, "denr1ored@yahoo.com" <denr1ored@yahoo.com>, "mimaroparegion@denr.gov.ph" <mimaroparegion@denr.gov.ph>, "redreg6@yahoo.com" <redreg6@yahoo.com>, "denrcdd6@gmail.com" <denrcdd6@gmail.com>, "emelyn_penaranda@yahoo.com" <emelyn_penaranda@yahoo.com>, "redrdenr7@yahoo.com" <redrdenr7@yahoo.com>, "r8@denr.gov.ph" <r8@denr.gov.ph>, "oredenrxi@yahoo.com.ph" <oredenrxi@yahoo.com.ph>, "r11@denr.gov.ph" <r11@denr.gov.ph>, "denrcaraga@yahoo.com" <denrcaraga@yahoo.com>, "ordcaraga@gmail.com" <ordcaraga@gmail.com>, "ncr_ored@yahoo.com" <ncr_ored@yahoo.com>, "car@denr.gov.ph" <car@denr.gov.ph>, "red_reg12@yahoo.com" <red_reg12@yahoo.com>, "r10@denr.gov.ph" <r10@denr.gov.ph>, "denr_r9@yahoo.com" <denr_r9@yahoo.com>, "ored8@yahoo.com" <ored8@yahoo.com>, "r7@denr.gov.ph" <r7@denr.gov.ph>, "reg7pmd@yahoo.com.ph" <reg7pmd@yahoo.com.ph>, "red_reg5@yahoo.com" <red_reg5@yahoo.com>, Region 3 <oredr3@yahoo.com>, DENR Region 2 <r2@denr.gov.ph>, DENR Region 1 <r1@denr.gov.ph>, "denr02@yahoo.com" <denr02@yahoo.com>, Region 4a <ored4a@yahoo.com>, DENR Calabarzon Region <r4a@denr.gov.ph>, RD Mimaropa <red_r4b@yahoo.com.ph>, Region 4b <r4b@denr.gov.ph>, DENR Admin R4a <admin-r4a@denr.gov.ph>, "legaerlan@yahoo.com" <legaerlan@yahoo.com>, "denr1pmd2@gmail.com" <denr1pmd2@gmail.com>, "denrpmd02@yahoo.com" <denrpmd02@yahoo.com>, "denr_r3personnel@yahoo.com" <denr_r3personnel@yahoo.com>, "pmd4a@yahoo.com" <pmd4a@yahoo.com>, "genderanddevelopment4b@gmail.com" <genderanddevelopment4b@gmail.com>, "pmd5denr@yahoo.com" <pmd5denr@yahoo.com>, "r6@denr.gov.ph" <r6@denr.gov.ph>, "denr6@yahoo.com" <denr6@yahoo.com>, "pmd5denr8@gmail.com" <pmd5denr8@gmail.com>, "denr9_pmd@yahoo.com" <denr9_pmd@yahoo.com>, "pmd@r10.denr.gov.ph" <pmd@r10.denr.gov.ph>, "pmd.denrx@gmail.com" <pmd.denrx@gmail.com>, "triciapelayo@gmail.com" <triciapelayo@gmail.com>, "denrxiigad@gmail.com" <denrxiigad@gmail.com>, "denrncr4pmd@gmail.com" <denrncr4pmd@gmail.com>, "cledusa_an@yahoo.com" <cledusa_an@yahoo.com>, "yvesvalerio17@gmail.com" <yvesvalerio17@gmail.com>, "ilovelifestars21@gmail.com" <ilovelifestars21@gmail.com>, "revilla.aloysiusjan@gmail.com" <revilla.aloysiusjan@gmail.com>, "eco@mgb.gov.ph" <eco@mgb.gov.ph>, "liz_cherry@yahoo.com" <liz_cherry@yahoo.com>, "merva.arapo@yahoo.com" <merva.arapo@yahoo.com>, "karenpacpaco@gmail.com" <karenpacpaco@gmail.com>, "erdb_gadfps@yahoo.com" <erdb_gadfps@yahoo.com>, "erdbgad@gmail.com" <erdbgad@gmail.com>, "jeanevie_habitan@yahoo.com.ph" <jeanevie_habitan@yahoo.com.ph>, "jessica.rola@yahoo.com" <jessica.rola@yahoo.com>, "delacruzrizza05@gmail.com" <delacruzrizza05@gmail.com>, R10 PMD <pmd10@denr.gov.ph>, "renz.pab.emb.denr@gmail.com" <renz.pab.emb.denr@gmail.com>, "mvabrera@yahoo.com.ph" <mvabrera@yahoo.com.ph>, "r1@emb.gov.ph" <r1@emb.gov.ph>, "emb_r02@yahoo.com" <emb_r02@yahoo.com>, "embregion3@ymail.com" <embregion3@ymail.com>, "calabarzon@emb.gov.ph" <calabarzon@emb.gov.ph>, "michael_matias@emb.gov.ph" <michael_matias@emb.gov.ph>, "masocorro_abu@emb.gov.ph" <masocorro_abu@emb.gov.ph>, "embr6@yahoo.com" <embr6@yahoo.com>, "r7@emb.gov.ph" <r7@emb.gov.ph>, "leticia_maceda@emb.gov.ph" <leticia_maceda@emb.gov.ph>, "r9@emb.gov.ph" <r9@emb.gov.ph>, "reynaldo.digamo2600@gmail.com" <reynaldo.digamo2600@gmail.com>, "embdavao@emb.gov.ph" <embdavao@emb.gov.ph>, "embxii@yahoo.com" <embxii@yahoo.com>, "embregionxii@gmail.com" <embregionxii@gmail.com>, "r12support@emb.gov.ph" <r12support@emb.gov.ph>, "car_mgb@yahoo.com" <car_mgb@yahoo.com>, "mgb_ro1@yahoo.com" <mgb_ro1@yahoo.com>, "mgb_2@yahoo.com.ph" <mgb_2@yahoo.com.ph>, "region3@mgb.gov.ph" <region3@mgb.gov.ph>, "mgb3@yahoo.com" <mgb3@yahoo.com>, "mgbcalabarzon@yahoo.com" <mgbcalabarzon@yahoo.com>, "region4b@mgb.gov.ph" <region4b@mgb.gov.ph>, "mines_r4@yahoo.com" <mines_r4@yahoo.com>, "mgb5@yahoo.com" <mgb5@yahoo.com>, "mgb5bicol@gmail.com" <mgb5bicol@gmail.com>, "mgb6iloilo@yahoo.com" <mgb6iloilo@yahoo.com>, "mgb7cebu@yahoo.com" <mgb7cebu@yahoo.com>, "region8@mgb.gov.ph" <region8@mgb.gov.ph>, "admin@mgb9.com" <admin@mgb9.com>, "denrmgb10@yahoo.com" <denrmgb10@yahoo.com>, "region11@mgb.gov.ph" <region11@mgb.gov.ph>, "mgbxi.org@gmail.com" <mgbxi.org@gmail.com>, "mgbxii@gmail.com" <mgbxii@gmail.com>, "mgb13@mgb13.ph" <mgb13@mgb13.ph>, "PCSD (Palawan Council for Sustainable Devt) Attached Agency" <oed@pcsd.ph>, Llda Gov Info <info@llda.gov.ph>, "car@mgb.gov.ph" <car@mgb.gov.ph>, "region1@mgb.gov.ph" <region1@mgb.gov.ph>.

"region2@mgb.gov.ph" <region2@mgb.gov.ph>, "region4a@mgb.gov.ph" <region4a@mgb.gov.ph>, "region5@mgb.gov.ph" <region5@mgb.gov.ph>, "mgbro6iloilo@gmail.com" <mgbro6iloilo@gmail.com>, "region7@mgb.gov.ph" <region7@mgb.gov.ph>, "region9@mgb.gov.ph" <region9@mgb.gov.ph>, "region12@mgb.gov.ph" <region12@mgb.gov.ph>, "region13@mgb.gov.ph" <region13@mgb.gov.ph>, "usec.swmlgu@denr.gov.ph" <usec.swmlgu@denr.gov.ph>, "asec.enforcement@denr.gov.ph" <asec.enforcement@denr.gov.ph>, "asec.legal@denr.gov.ph" <asec.legal@denr.gov.ph>, "denrasecom@gmail.com" <denrasecom@gmail.com>, "asec.fismc@denr.gov.ph" <asec.fismc@denr.gov.ph>, "asecfonl@denr.gov.ph" <asecfonl@denr.gov.ph>, "adm.denr2@yahoo.com" <adm.denr2@yahoo.com>, "denr_car_ro@yahoo.com" <denr_car_ro@yahoo.com>, "denr.oasecenforcement@gmail.com" <denr.oasecenforcement@gmail.com>, "oasecahr2020@gmail.com" <oasecahr2020@gmail.com>, "asecfosl.denr@gmail.com" <asecfosl.denr@gmail.com>, "asecfosl.denr@yahoo.com" <asecfosl.denr@yahoo.com>, "asec.plansfasp@denr.gov.ph" <asec.plansfasp@denr.gov.ph>, Climate Change Service <cco.denr@yahoo.com>, Region CAR <denr_pmd@yahoo.com>, "Asec. Joselin Marcus Fragada" <oasecfragada@gmail.com>, SCIS Receiving Releasing <scisreceivingreleasing@gmail.com>, DENR R3 ORD <ord@r3.denr.gov.ph>, Administrative Denr <denr_r3@yahoo.com>, Denr Hrdis <denr.hrdis@gmail.com>, DENROfficial SCIS <scis.denr@gmail.com>, OUSC DENR <ousc.denr@gmail.com>, Reuel Sorilla <reuel852015@gmail.com>, DENR SCIS <scis@denr.gov.ph>, DENR CALABARZON <denr4a.ord@gmail.com>, DENR Region 5 <r5@denr.gov.ph>, DENR Region 3 <r3@denr.gov.ph>, denr car <denr_car@yahoo.com>, DENR - R3 <pmd_denr3@yahoo.com>, DENR RBCO Director <rbcodirector@denr.gov.ph>, Mgb Denr <mgb.denr@gmail.com>, Forest Management Bureau <fmb-director@mozcom.com>, Office of the Director Fmb <officeofthedirector.fmb@gmail.com>, "Joan A. Lagunda" <ajl@denr.gov.ph>, DENR ASEC Fieldops Vis <oasfovisayas@denr.gov.ph>, DENR Asec Legal <asecgl@denr.gov.ph>, Usec SWM <usecswm@denr.gov.ph>, "Atty. Daniel Darius M. Nicer" <oasiaac@gmail.com>, USEC JIM SAMPULNA <usecsampulna.denr@gmail.com>, Planning and International Affairs Undersecretary for Policy <officeofuseccuna@denr.gov.ph>, DENR USEC for Administration and Information System <usecais@denr.gov.ph>, OUEIEA Secretariat <oueiea.denr@gmail.com>, "usecdeleon@denr.gov.ph" <usecdeleon@denr.gov.ph>, DENR SCIS <denr.scis@gmail.com>, DENR RBCO Director <rbcodirector@denr.gov.ph>, "Mary Grace P. Maniquiz" <denr.rbcodirector@yahoo.com>
Cc: Elenida Basug <edrbasug@denr.gov.ph>, Susan Nool <tongks91@yahoo.com>, Genie Chavez <genie.c.chavez@gmail.com>

Dear Sir/Madam:

In line with the 2022 Women's Month Celebration pursuant to Proclamation No. 227, the DENR Gender and Development Office will be holding a **WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS**, on **16 March 2022**, Monday, from 9:00AM to 12:00 noon. This activity is intended for DENR officials and employees. The speaker for this webinar is Ms. Sarah Queblatin, co-founder and Executive Director of Green Releaf Initiative.

Ms. Queblatin is passionate about the power of nature and creativity in personal and collective transformation. She had training in transformative and expressive arts practices with Build a Bridge Institute and the European Graduate School. She also holds a Certificate in Eco-psychology from the Pacific Graduate Institute. In 2012, Ms. Queblatin was awarded by the Arts and Healing Network for work with community arts.

We invite your and your staff's participation to this webinar. The link to this activity is:

<https://zoom.us/j/97998395124?pwd=UTFhUll3S1BISFVFM212dFB6OFgzZz09>

Meeting ID: 979 9839 5124

Passcode: HealthTips

To confirm, click this <https://bit.ly/HealthTipsMar16> on or before 14 March 2022.

Should you have queries, please communicate with the DENR GAD Office through at the following email addresses: gad_denr@yahoo.com, edrbasug@denr.gov.ph tongks91@yahoo.com or genie.c.chavez@gmail.com.

For your consideration.

Gender and Development (GAD) Office
Department of Environment and Natural Resources
3rd Floor DENR Central Office, Visayas Avenue,
Diliman, Quezon City
Tel No. 925-2345 | Email: gad_denr@yahoo.com



FINAL Memo for March 16 Webinar on Minding Mental Health.pdf

168K