

Republic of the Philippines Department of Environment and Ivatural Resources Visayas Avenue, Diliman, Quezon City Tel Nos. 929-6626 to 29; 929-6633 to 35 929-7041 to 43; 929-6252; 929-1669 Website: http://www.denr.gov.ph / E-mail: web@denr.gov.ph

## MEMORANDUM

то	:	All DENR Employees
THRU	:	All Undersecretaries All Assistant Secretaries All Directors (Services, Bureaus) All Heads of Attached Agencies All Regional Executive Directors All Regional Directors (EMB, MGB) All PENROs All CENROs
FROM	:	<b>The Director</b> Gender and Development Office, and Climate Change Service
SUBJECT	`:	WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS, MARCH 16, 2022, WEDNESDAY, 9:00 AM – 12:00 NOON
DATE	:	11 March 2022

In line with the 2022 Women's Month Celebration pursuant to Proclamation No. 227, the DENR Gender and Development Office will be holding a WEBINAR ON MINDING MENTAL HEALTH DURING THE PANDEMIC: SOME PRACTICAL TIPS, on 16 March 2022, Wednesday, from 9:00AM to 12:00 noon. This activity is intended for DENR officials and employees. The speaker for this webinar is Ms. Sarah Queblatin, co-founder and Executive Director of Green Releaf Initiative.

Ms. Queblatin is passionate about the power of nature and creativity in personal and collective transformation. She had training in transformative and expressive arts practices with Build a Bridge Institute and the European Graduate School. She also holds a Certificate in Ecopsychology from the Pacific Graduate Institute. In 2012, Ms. Queblatin was awarded by the Arts and Healing Network for work with community arts.

We invite your and your staff's participation to this webinar. The link to this activity is:

https://zoom.us/j/97998395124?pwd=UTFhUII3S1BISFVFM212dFB6OFgzZz09

MEMO NO. 2022 - 141

Meeting ID: 979 9839 5124 Passcode: HealthTips

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To confirm, click this <u>https://bit.ly/HealthTipsMar16</u> on or before 14 March 2022.

Should you have queries, please communicate with the DENR GAD Office through at the following email addresses: <u>gad\_denr@yahoo.com</u>. <u>edrbasug@denr.gov.ph tongks91@yahoo.com</u> or <u>genie.c.chavez@gmail.com</u>.

For your consideration.

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